

PERSONAL TRAINER SERVICE AGREEMENT

Location: _____

Contract No.: _____

Trainer Information:

Full Name: _____

Certification(s): _____

Address: _____

Phone/Email: _____

Client Information:

Full Name: _____

Date of Birth: _____

Address: _____

Phone/Email: _____

Services and Terms:

Scope of Services: _____

Session Length (minutes): _____

Session Frequency: _____

Location of Training: _____

Payment and Fees:

Rate per Session: _____ USD

Payment Method: _____

Payment Schedule: _____

Clause 1 – Engagement

Trainer agrees to provide personal training services as described herein, and Client agrees to engage Trainer for such services under the terms of this Agreement.

Clause 2 – Client Medical Condition and Disclaimer

Client represents that they are physically able to participate in physical exercise and have consulted with a healthcare professional if necessary. Client acknowledges that training involves physical activity and accepts all inherent risks. Trainer is not liable for any injury or health issues arising from Client's participation.

Clause 3 – Sessions and Scheduling

Training sessions shall be scheduled by mutual agreement. Sessions missed without at least 24 hours' notice may not be rescheduled or reimbursed.

Clause 4 – Fees and Payment

Client agrees to pay the fees as specified above. Payments shall be made in advance or as otherwise agreed. Late payments may result in suspension of services.

Clause 5 – Cancellation and Refunds

Either party may cancel this Agreement with written notice. Refunds for prepaid services will be handled on a prorated basis at Trainer’s discretion.

Clause 6 – Confidentiality

Both parties agree to keep confidential any personal, medical, or proprietary information shared during the term of this Agreement.

Clause 7 – Liability Waiver

Client waives any claims against Trainer for injuries or damages related to training sessions, except in cases of Trainer’s gross negligence or willful misconduct.

Clause 8 – Term and Termination

This Agreement shall commence upon execution and continue until terminated by either party with written notice.

Clause 9 – Independent Contractor

Trainer is an independent contractor, and nothing in this Agreement creates an employer-employee relationship.

Clause 10 – Governing Law and Venue

This Agreement shall be governed by the laws of the State of _____. Any disputes shall be resolved exclusively in the state or federal courts located in _____ County, _____.

Clause 11 – Entire Agreement

This Agreement constitutes the entire agreement between the parties and supersedes all prior agreements or understandings.

Clause 12 – Amendments

Any amendments or modifications to this Agreement must be in writing and signed by both parties.

Clause 13 – Severability

If any provision of this Agreement is found invalid or unenforceable, the remainder shall remain in full force and effect.

Clause 14 – Notices

All notices under this Agreement shall be in writing and delivered personally, by certified mail, or by electronic means with confirmation of receipt.

Clause 15 – Force Majeure

Neither party shall be liable for failure to perform due to causes beyond their reasonable control, including but not limited to natural disasters, acts of government, or illness.

Clause 16 – Use of Images and Testimonials

Client consents to Trainer’s use of Client’s images or testimonials for marketing purposes unless otherwise specified in writing.

Clause 17 – Client Responsibilities

Client agrees to follow Trainer’s instructions, disclose all relevant health information, and notify Trainer immediately of any injuries or conditions.

Clause 18 – Trainer Responsibilities

Trainer agrees to provide competent and professional services in a safe manner.

Clause 19 – Indemnification

Client agrees to indemnify and hold Trainer harmless from any claims arising from Client’s participation in training sessions.

Clause 20 – Signatures

The parties have executed this Agreement as of the date of signing below.

TRAINER'S SIGNATURE

CLIENT'S SIGNATURE

Signature: _____

Signature: _____

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